

Book Review by Jeffrey Schonbrun, 8-13-2019 -- *Ford Mustang 1964 1/2-1973: How to Build and Modify*

Do you ever wander through your local public library looking for interesting books to read? On a recent trip to the Edmonds Library I came across *Ford Mustang 1964 1/2 - 1973: How to Build and Modify* by Frank Bohanan. Having a 1968 Mustang in need, this 160 page book looked like the answer to many of my questions.

The author, Frank Bohanan, approaches the “build and modify” subject in a very orderly fashion with 13 chapters covering all of the key automotive systems. As stated in the books Introduction, “The purpose of this book is to show you a spectrum of options for improving the performance of each component group in your classic 1964 1/2-1973 Mustang.” And that is exactly what the book does, showing several readily available options for each of the systems covered along with the reasons for picking. This is not a step-by-step, here is how to do it book. Also, you will not find a discussion of what OEM parts can be adapted to improve your cars performance. But, if you are looking for a range of proven options, this book has many good recommendations to go with or that can serve as a starting point for further research.

I did like how most of the chapters broke the upgrades into three levels: daily driver, high-performance street car and the streetable track-day car. Bohanan recognizes that there is no one size fits all option and that each level has its own set of requirements to be met.

*How to Build and Modify* has a 2014 copyright so I was happy to see that most of the companies mentioned are still in business and that many recommended products are still available.

If you decide to checkout Bohanan’s recommendations, I suggest seeing if your local library has the book available first before buying a copy. The book is still available from the publisher as a “print on demand” edition with only black and white pictures. That may be OK as the library copy I read did not have that many color pictures. You can also find the book, new and used, on Amazon and other book retailers for various prices.

